

POST OPERATIVE INSTRUCTIONS FOLLOWING CATARACT SURGERY

1. When you leave the operating room, you will be wearing a soft eye pad and firm plastic shield over the operated eye.
2. Between 7-10 PM in the evening following surgery, remove the eye pad (if you have one) and shield. Use one drop of each of the following 4 medications in the operated eye:

Iopidine, Vigamox, Nevanac, and Omnipred

Wait 3 minutes between each drop. Shake all drops prior to use.

Replace the eye shield without the soft pad. You may experience blurred vision, double vision. or have no vision at that time. Your lid may droop. Your face and jaw on the side of surgery may feel funny. **DO NOT PANIC.** This should improve the following day.

3. Starting the morning following surgery, put drops in the operated eye according to the following schedule: (See dosing schedule on back of this page.)

Iopidine - 1 drop 3 times per day for 3 days.

Vigamox - 1 drop 3 times per day for 2 weeks.

Nevanac - 1 drop 3 times per day for 4 weeks.

Omnipred - 1 drop 4 times per day for post op weeks 1 & 2.

1 drop 3 times per day for post op week 3.

1 drop 2 times per day for post op week 4.

4. To protect the operated eye from injury, the shield should be worn over the operated eye at bedtime for 5 days following surgery.
5. Follow up in the office tomorrow at _____.
6. Avoid sleeping on the side of the operated eye for 5 days.
7. Do not bump or rub the operated eye for one month following the surgery.
8. You may read or watch TV starting the day of surgery if you are comfortable.
9. Bring your eye drops to the first post-operative visit.

MINOR DISCOMFORT, FOREIGN BODY SENSATION, TEARING AID IRRITATION MAY OCCUR FOLLOWING SURGERY. IF YOU HAVE PAIN, YOU MAY TAKE TYLENOL. PLEASE CALL THE OFFICE IF YOU HAVE ANY QUESTIONS (516) 627-5113

